

Information to parents and carers of children in schools and preschool

2020-11-24

Parents and carers need to follow the recommendations for contact with schools and preschools

It is important that everyone follows the advice and recommendations issued by the Public Health Agency of Sweden as closely as possible to reduce the risk of spreading COVID-19. This especially applies to contact with key workers, who we desperately need.

The spread of COVID-19 is increasing in the population and this means it is even more important to follow the advice that has been issued to prevent the spread of the disease. We urge parents and carers to be extra careful and to be alert to themselves or their children developing symptoms. Anyone who feels ill, even with mild symptoms, should stay at home from work, school, preschool and other activities. We all need to do our bit to reduce the spread of the disease.

This concerns:

- **Dropping off and collecting children outside**
We urge parents and carers to drop off children out of doors, and when dropping off or collecting children, to keep their distance from staff and from other parents and carers, avoid physical contact and not to enter the premises.
- As a parent or carer, you need to take responsibility for keeping your child at home if they are ill. Even if they have mild symptoms.
- If your child develops symptoms during the day, staff may ask you to collect your child. Please comply with this and treat staff with respect. We want to avoid the disease spreading to other children and staff.
- If your child has had symptoms for more than 24 hours **they must stay at home for 7 days and have recovered with no high temperature for 2 days** before returning to school or preschool.

- Children who have been at home from school or preschool for 7 days due to infection and have then recovered can return to school or preschool even if they still have mild symptoms such as a runny nose or a cough.
- Wash your hands often, with care, using soap and water. Talk to your child about the importance of washing their hands often.
- Cough or sneeze into your elbow.
- Keep a distance from other people and do not hold hands or hug.
- Many children travel to school on public transport. If you can travel by other means, we encourage you to do so – walk, cycle or choose an alternative means of transport if you can.

More information

If you have a child in a school or preschool in Norrköping, there is more information available at norrkoping.se.

>> [Read more here](#)

Thank you for being considerate and helping to reduce the spread of infection.

Best wishes
Education Office