

For persons who have children in preschool and school

2020-09-22

What applies when your child is ill

Hello!

The Public Health Agency of Sweden has updated its guidelines on what applies when children are ill.

When can children attend preschool and when should they stay home in the event of various health issues that may be a sign of COVID-19?

It is important that children stay home from preschool if they are ill. That applies regardless of the type of illness.

When a child who attends preschool or daycare becomes ill, the child should stay at home for at least 2 days after she/he has recovered from the illness. Sometimes children of preschool age (1-6 years) have mild health issues that quickly pass and that are not signs of illness. In such instances, there is no need for the child to stay home from preschool or daycare. For example, a child may cough once or have a runny nose after spending time outdoors. These kinds of mild issues pass quickly.

Children who have stayed home from preschool for 7 days due to an infection and then recover and are fit and alert can return to preschool even if they still have mild symptoms such as slight congestion/a runny nose or mild cough. Residual congestion, a runny nose and cough are not uncommon after recovering from a cold, and for some children they may persist for several weeks. These types of issues do not prevent a child from being able to attend preschool.

All of the above guidelines apply when the child has not been tested for COVID-19. Children of preschool age (1-6 years) do not need to be tested for COVID-19 when they are ill, unless a doctor or nurse in Region Östergötland thinks it is necessary. In Östergötland, children under the age of 13 are not tested unless the health care service (1177) makes a different assessment.

The municipality's website (norrkoping.se) provides updated information for persons who have children in preschool or school. Please visit this page:

www.norrkoping.se/information-om-det-nya-coronaviruset/har-du-barn-i-norrkopings-forskola-skola.html

Kind Regards,
Utbildningskontoret