

Information for parents/guardians with children in preschool and school

2021-04-07

What you do matters. Do your part to stop the infection!

Dear parents/guardians,

We can understand that many people are tired of the pandemic and having to adapt their behaviour. It is difficult and we want to extend a big thank you to all the parents/guardians who keep doing their best and follow the restrictions so our preschools and schools can stay open. This allows our children and pupils to be taught where they learn best – in preschool and school.

Sometimes, parents/guardians do not follow the rules and recommendations. Have you got tired of it and can't be bothered following the recommendations any more? We still have ongoing spreading of the infection and mutations of the virus in our society and if we are to return to a more normal everyday life, it is of the utmost importance that everyone perseveres and follows the rules. What you do matters. Do your part to stop the infection! You do so by showing consideration for staff, children and other parents/guardians so the infection is not passed on.

Stay at home and follow the quarantine rules if:

- you have symptoms
- you have been abroad
- you are waiting for test results
- someone in your household is ill with COVID-19

Everyone, both adults and children, who lives with someone who has COVID-19 is a suspected case of infection. That means the whole household must go into "home quarantine" for one week and they must keep a look-out for any symptoms for 14 days. "Home

quarantine” means the whole family must stay at home and not come in contact with any other people. During home quarantine, your children are not allowed to go to preschool or school. This also applies while you are waiting for test results.

Keep your distance and do not enter the preschool or school building

When you leave and pick up your child, you must do so outdoors. In order to avoid crowding, it is important you do not enter the preschool or school.

Preschools and schools need to be open for the sake of the children

If many members of staff become ill with COVID-19, the preschool or school may have to close or switch to distance learning. This will have an influence on the children’s education and learning and may affect your child. As a parent/guardian, you are part of the pupils’ and staff’s work environment. Do your part and follow the rules so that staff are able to stay healthy and teach our children and youngsters on site in preschool or school.

The pandemic will end but we all have to do our bit to stop the spread of infection so that we can all return to normal everyday life. This is why we are insisting you follow Region Östergötland's guidelines and rules.

Thank you for taking responsibility and helping to stop the infection!

Regards,
Office of Education (Utbildningskontoret)