

Tawdi dkowet moro Iruhukh u la hrene!

Covid-19 keweyo du sucsocho dko mote lu bolo hemto aw shawbe, cam hrara u shculo Bu zjuda lo ko koyawlen ghalabe, elo hen menaye ghalabe ko koyawlen u ko lozamlen hyarto ba bethkrihe. Muhimyo ha demcawen hdode demhalekh cala melkhe da shultonwotho lashaan ha dmanqes u berboze du kewo wu yuqro d`cala bethkrihe.

Kibukh dhozet mawdconutho isifto bu leshono englishoyo wa leshone hrene bu dafo du nawlo www.norrkoping.se

Shlomo!

- Fesh bu beyto bu zabno dko mahiset ruhukh kaiwo. Betherste fesh bu beyta bu noquso tre yawme bether me dnayehluch u dlo fayeshluck yadce du kewo, meqem me dizokh lu fulhono u li madrashto.
- **Kulnaqla mashegh idukh**, mcatash cal drocukh, lo saymet hzuqye dlo ko lezmi, fesh rahuqo calu dawro, marhaq ma hage wa dukyocho dko lotem camo.
- Tawoyo dhowet larwal bi hawa basemto, en kito mkono mhalakh. Elo **fesh rahuqo** 1-2 metre ma bnaynoshu dketne hedorukh lawghul u larwal mu beyto.
- **Myaqar i klayto di sacurutho** u kulonoith lo saymet socurutho lani dketne rab me 70 eshne u du qento. Mtalfan u fesh b'esore, mcawan bu shqolo, mcawan bu mede dko lozem u mtay a darmonathe.
- A nacime dketne bhulmono **ko lozem dizin li madrashto u lganath shabre**. I naqla da nacime dmahisi bkewo ko lozem dfayshi bu beyto hul dnoyahlen u tre yawme bether me dnayehlen.
- **Ko hozet ruhukh cajizo dmejholet cam hen?** Kibukh demtalfnet i nuqazto da esore 011-15 00 00. Gemcawnilukh dsaymet esore cam yadoco u farsufo yalifo calu mede dketlukh sniqucho dmejholet acle. Koweste eshmukh dfoyesh talyo.
- Inaqla da yawme d'ducru ghud meqem i naqlayo gmibasmina mi karkhuthaydan i haytho. Mcawan a dukyocho da fulhone d'Norrköping **#mcawannorrköping** ucdo dko fayto byawmatho sacbe. I mawhabthate kito bu dafo www.letscreate.norrkoping.se

Cam hdode gmaklina u berbozo du marco. Tawdi dko mahtet bolo!

Shlome hamime mi karkhutho d'Norrköping 

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